

CURRICULUM VITAE

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EDUCATION

- 2018 **Ph.D., Pennsylvania State University**
Major: Higher Education
Minor: Women's Studies
University Park, PA
Dissertation Title: Bystander Intervention Through the Survivor's
Lens: Campus Sexual Assault and the Role of Bystanders
- 2000 **M.Ed., Temple University**
Major: Counseling Psychology
Philadelphia, PA
- 1993 **B.S., Pennsylvania State University**
Major: Education
University Park, PA

ACADEMIC POSITIONS

- 2018-Present **Pennsylvania State University, University Park, PA**
*Assistant Teaching Professor, Rehabilitation and Human Services
Faculty Supervisor, Edwin L. Herr Clinic at CEDAR
Department of Educational Psychology, Counseling, and Special
Education*
Responsible for teaching Rehabilitation and Human Services
Courses. Classroom structure includes lecturing, classroom
discussion, experiential activities, and group work. I adapt the
curriculum to create the optimum classroom learning experience,
congruent with my teaching style and the needs of my students.
Other duties include grading papers and tests, preparing lesson
plans, and providing guidance to students as needed. The Herr
Clinic at CEDAR responsibilities include the supervision of

Master's and Doctoral students treating clients in the Herr Clinic, assisting with Clinic oversight, and outreach.

2013-2014

Pennsylvania State University, University Park, PA
Instructor, Fixed Term II, Rehabilitation and Human Services
Department of Educational Psychology, Counseling, and Special Education
Responsible for teaching Rehabilitation and Human Services Courses. Class population included both traditional Penn State undergraduate students as well as returning adults. Classroom structure included lecturing, classroom discussion, experiential activities, and group work. I adapted the curriculum to create the optimum classroom learning experience, congruent with my teaching style and the needs of my students. Other duties include grading papers and tests, preparing lesson plans, and providing guidance to students as needed.

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

Rodino-Colocino, M., **Beck, C.**, Braverman, S., Farley, E., Hamilton, M., Stump, E., Weiss, C. (2018). #ThisEndsHere: Ending Sexual Harassment and Assault at Penn State. *Communication, Culture and Critique*. <https://doi.org/10.1093/ccc/tcy018>

OTHER PUBLICATIONS

Cotner, A., **Beck, C.**, Czyzyk, R.D., Cook, M., Darrah, A., Ghigliotti, P., Gleason, E., Glover, J., Jantz, A., Kelling, C., Monteleone, S., Rossman, M. (2017). Developing a Title IX Curriculum for Penn State University – University Park: Recommendations for the Future.

Beck, C. (2016). Cinderella: A Ballet Storybook. <http://www.blurb.com/b/7149808-cinderella>

MANUSCRIPTS IN PREPARATION/SUBMITTED FOR REVIEW

Daniels, Aubrey D., **Beck, C.**, Nadermann, Kristen, Zhai, Yusen,. (2023, in review). Utilizing the SAFE-T Model and Anti-racist Counseling Principles for Suicide Assessment and Teaching Counselors in Training. *Journal of Counselor Preparation and Supervision*.

Beck, C. (in preparation). To report or not to report: Campus sexual assault survivors' experiences with reporting and reasons why some choose not to report.

Beck, C. (in preparation). Bystander intervention: Exploring multiple points of intervention and the impact on survivors of sexual assault.

Beck, C. (in preparation). Conducting research with survivors of sexual assault: Their voices are needed to address this issue.

CONFERENCE PRESENTATIONS

TALKS

Beck, C., et al. (2021, October). *Telehealth and Trainees: Shifting a Training Clinic to Virtual*. Panelist, presented at the ACES Bi-Annual Conference 2021, sponsored by the Association for Counselor Education and Supervision (ACES) conference, Atlanta, GA.

Beck, C., et al. (2021, October). *Building a Training Clinic and School District Partnership*. Panelist, presented at the ACES Bi-Annual Conference 2021, sponsored by the Association for Counselor Education and Supervision (ACES) conference, Atlanta, GA.

Beck, C., et al. (2019, November). *Times Up Penn State: Survivors Organize an Intersectional Campus Coalition to End Sexual Violence and Share Best Practices and Questions With You*. Panelist, presented at the Communication for Survival conference, sponsored by the National Communication Association (NCA), Baltimore, MD.

Beck, C., et al. (2019, October). *Crisis & Mandated Reporting in Training Clinics*. Panelist, presented at the ACES Bi-Annual Conference 2019, sponsored by the Association for Counselor Education and Supervision (ACES) conference, Seattle, WA.

Beck, C. (2019, June). *Love Your Body Yoga*. Invited Speaker, presented at Delta High School, State College, PA.

Beck, C., et al. (2018, April). *So You've Graduated, Now What?* Panelist, presented at the Pennsylvania Mental Health Counselor Association (PAMHCA) conference, sponsored by Pennsylvania State University's Counselor Education Program, University Park, PA.

Beck, C., et al. (2017, February). *Seeing Women through the Feminist Gaze: Implications of Feminist Art* (Moderator); *Dualism in Feminist Art* (Panel Presenter). Presented at the Crossing Borders, Building Bridges: Connecting Personal Narratives, Art, Activism, and Feminist Knowledge Projects conference, sponsored by Pennsylvania State University, University Park, PA.

Beck, C., et al. (2012, October). Domestic Violence Abuse Panel (Penn State Counseling and Psychological Services (CAPS), Centre County Women's Resource Center, Centre County District Attorney's Office, Centre County Child Access Center), The State Theatre, State College, PA.

Beck C., et al. (2012, April). Boys and Men Healing. Documentary screening facilitator and panelist, sponsored by Penn State's Counseling and Psychological Services (CAPS) & MaleSurvivor.org, Pennsylvania State University, University Park, PA.

TEACHING EXPERIENCE

UNDERGRADUATE

- RHS 402 **Children and Families in RHS Settings**, Pennsylvania State University, Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023
- RHS 401 **Community Mental Health Practices and Services**, Pennsylvania State University, Fall 2018, Fall 2019, Fall 2020, Fall 2021
- RHS 400W **Case Management and Communication Skills**, Pennsylvania State University, Spring 2014, Fall 2019, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Spring 2023
- RHS 300 **Introduction to Rehabilitation and Human Services**, Pennsylvania State University, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Summer 2020, Spring 2021, Summer 2022
- RHS 302 **Client Assessment in Rehabilitation and Human Services Setting**, Pennsylvania State University, Fall 2013

GRADUATE

- CNED 595A **Counseling Practicum**, Pennsylvania State University, Spring 2022, Spring 2023
- CNED 523 **Child Counseling**, Pennsylvania State University, Summer 2019, Summer 2020, Summer 2021

CLINICAL & PROFESSIONAL EXPERIENCE

- 2014-Present **Beck Psychotherapy, LLC**, State College, PA
Owner/Therapist
 I upstarted my private practice in 2013, and due to the demand for my services, expanded to a group practice contracting fee-for-service therapists. In addition to providing outpatient mental health treatment as described below, responsibilities include providing oversight for the practice, clinical consultation, leading a weekly clinical consultation group for the therapists, marketing, and working with insurance companies, negotiating reimbursement rates and credentialing therapists.
- 2013-Present **Private Practice Psychotherapist**, State College, PA
Owner/Therapist

Providing individual counseling for adolescents and adults, specializing in trauma and abuse issues, as well as eating disorders. Experience in grief counseling, substance abuse, as well as parenting, and life skills. Experienced in providing training to groups on topics such as domestic violence, stress management, parenting, and anger management. Clients include Penn State undergraduate and graduate students as well as well as members of the Centre County community.

2017-2018

Yoga in State College, State College, PA

Yoga Instructor

Taught weekly yoga classes to Penn State students, as well as members of the State College community. Classes focused on the mind-body connection and what our bodies can do as opposed to how our bodies look. Strived to make yoga accessible to students of all body types and abilities, and meet students where they are at, offering modifications and props to help create a rewarding yoga experience.

2010-2013

Pennsylvania State University, University Park, PA

Clinical Services Provider

Sexual Assault and Relationship Violence Specialist

Provided individual, group and crisis counseling to undergraduate and graduate students in a University setting. Treated a variety of issues, including, but not limited to: depression, anxiety, grief and loss, academic distress, homesickness, adjusting to college life, substance abuse, trauma & abuse, and eating disorders. Part of the crisis team specializing in treating students that have been victims of physical and sexual violence. In this role, I was the liaison in several Sexual Assault & Relationship Violence Task Forces, department, university and community-wide. Successfully developed a multi-disciplinary eating disorder track that includes members of the University Health System (UHS) team, as well as others within the University and the community, as needed, to support each student in their recovery process. As the Wellness Coordinator on staff, I, in conjunction with the Wellness Committee, planned events throughout the year to help promote staff self-care.

2010

The Renfrew Center, Ridgewood, NJ

Admissions Coordinator/Therapist

Responsible for assessing adults and adolescents with eating disorders, determining appropriate level of care, completing admissions assessment, and following up with case management, as needed. Coordinated with insurance companies to pre-certify patients for recommended level of care. Carried a caseload of clients with an eating disorders diagnosis who received weekly,

ongoing treatment. Provided group counseling in the Partial and Intensive Outpatient programs.

2008-Forever

Mother of Triplets

CEO of Family

Skill-sets utilized include, but not limited to: time-management, multi-tasking, remaining calm during high-stress situations, activity organizer, anticipating needs before a situation arises, working long hours with limited breaks, creating and managing a consistent schedule, creating a stimulating, safe, and comfortable environment, working on developmental milestones, setting limits, as needed, providing unconditional love and support.

2005-2008

Private Practice Psychotherapist, Buckingham & Philadelphia, PA

Owner/Therapist

Upstarted a private practice first in Bucks County (Buckingham, PA), then moved to Manayunk (Philadelphia, PA). Provided individual counseling specializing in trauma and abuse issues, as well as eating disorders. Experience in the drug & alcohol field, as well as adolescents, parenting, and life skills. Experienced in providing training to groups on topics such as domestic violence, stress management, parenting, and anger management. Responsible for contracting with insurance companies and marketing.

2005-2008

White Deer Run, Philadelphia, PA

Mobile Assessor

Responsible for assessing and pre-certifying potential patients in the Philadelphia area for a drug & alcohol treatment facility. Required effective communication and coordination with the patient, the facility, and the insurance company. Crisis counseling and management were an integral aspect of this position.

2006-2007

The Renfrew Center, Philadelphia, PA

Admissions Coordinator/Therapist

Same job duties as described above for the Renfrew Center of New Jersey.

2004-2005

The Renewal Centers, Quakertown, PA

Community Liaison

Cultivated and maintained relationships with agencies, schools, probation department, therapists, social workers, hospitals, as well as other groups within the community that were in direct contact with adolescents. Fostered these relationships to raise awareness about the Renewal Centers program. Assessed clients for appropriateness in this inpatient drug and alcohol facility and completed pre-certification for admission. Covered a multi-county

territory, including Philadelphia, Bucks, Montgomery, Northampton, Schuylkill, Luzerne, and the state of New Jersey.

2004

The Clinical Evaluation Unit (CEU) at Philadelphia Family Court, A Division of the Forensic Intensive Recovery Program (FIR)/Philadelphia Health Management Corporation (PHMC), Philadelphia, PA

Clinical Evaluator

Conducted drug and alcohol evaluations with adults and adolescents who had open cases through the Department of Human Services (DHS). Entrusted with determining the clinical appropriateness for services, coordinating funding, and referring clients assessed with substance abuse issues to treatment, matching each client to the program which best fits their individual needs. Monitored progress of clients in treatment and performing outreach services, as needed, were an integral aspect of this work. Recommendations and progress reports were submitted to those involved with court proceedings for each client, including the presiding judge, DHS Social Worker, and Court Advocates.

2002-2003

Kirkbride Center, Philadelphia, PA

Utilization Management Supervisor

Developed and maintained positive working relationships with behavioral health organizations such as BHSI, CBH, and Magellan. Excelled as the liaison between patient insurance companies and the inpatient drug and alcohol facility, through clinical expertise, patient advocacy, and adherence to each company's protocol. Instrumental in patients receiving appropriate level of care through outstanding review of patient cases. Successfully trained and supervised several vital positions in the program, including, Utilization Reviewer, Resource Coordinators, Detox Counselors, and Methadone Maintenance Coordinator. Also provided individual, group, and crisis counseling to patients, including weekly domestic violence groups with both female and male patients. Coordinated with the treatment team regarding patient care. Contributed to administrative team operations by developing policies, protocol, and staff support practices.

2000-2002

Lutheran Settlement House Bilingual Domestic Violence Project/MCP Hospital, Philadelphia, PA

Domestic Violence Counselor, Medical Advocate, and Trainer

Provided exceptional individual, group, and crisis counseling to hospital patients and the community at large. Facilitated the training of hospital staff in the area of domestic violence screening. Effectively trained and supervised student interns. Emerged as a leader in Domestic Violence advocacy, as Chairperson of both the MCP Hospital Domestic Violence Task Force and the Philadelphia Hospital Domestic Violence Task Force. Participated in

community outreach and community education on domestic violence. Successfully organized both citywide and hospital based domestic violence awareness events throughout the year. Developed and gained accreditation of domestic violence screening trainings. Revised domestic violence literature for both hospital and community use.

1999-2000

Lutheran Settlement House Bilingual Domestic Violence Project, Philadelphia, PA

Domestic Violence Counselor, Internship

Responsibilities included following up on client referrals, performing intakes, and providing individual counseling. Assisted clients with a myriad of services, including legal, housing, employment, welfare and custody issues. Additional duties consisted of assisting domestic violence hotline callers, facilitating and co-facilitating psychoeducational groups, writing daily progress notes, and participating in weekly supervision meetings to discuss case presentations.

1999-2000

Holcomb Behavioral Health Systems, Upper Darby, PA

Juvenile Delinquent Drug and Alcohol Assessor

Assessed clients referred by the Delaware County Probation Office. Responsibilities included obtaining background information on the client; evaluating the client using a biopsychosocial questionnaire and screening assessments; interviewing parent/guardian (if present); scoring and interpreting screening tools; and writing a comprehensive report for use in courtroom proceedings. Additional duties included communication with probation officers, auditing client files, and referring clients for case management services. Excellent client rapport, working autonomously, and adhering to deadlines were essential to the success achieved in this position.

1998-1999

Holcomb Behavioral Health Systems, Upper Darby, PA

Therapeutic Staff Support

Responsibilities included working one-on-one with clients (children) who had been diagnosed with behavioral problems in the classroom and/or home setting. Carried out treatment plans designated by the Behavioral Specialist. Participated in ongoing communication with supervisors, teachers, and the parent/guardian. Wrote weekly progress notes and participated in treatment team meetings. Accomplished optimal changes in client behavior through supportive and productive team dynamics.

1995-1998

School District of Philadelphia, Philadelphia, PA

Head Teacher, Head Start

Worked as a Head Teacher for the Pre-kindergarten Head Start program. Responsibilities included facilitating students' learning,

designing classroom layout, and lesson planning; as well as administrative duties such as payroll, on-site leader, and liaison between parents and staff. Effective in many situations that required immediate problem-solving skills.

1993-1995

Magic Years Childcare Center, Bala Cynwyd and Exton, PA
Assistant Director/Teacher

Assumed numerous responsibilities including facilitating children's learning and designing classroom layout according to Piaget curriculum. Administrative responsibilities covered training staff in Piaget curriculum, overseeing staff, payroll, monthly reports, ordering supplies, interviewing and hiring staff, and assuming lead administrative responsibilities in the Director's absence.

LICENSES & CERTIFICATIONS

- Graduate Student Online Teaching Certificate, Penn State World Campus, 2017
- Registered Yoga Teacher (RYT 200), Yoga Alliance, 2017
- National Certified Counselor (NCC), 2006
- Licensed Professional Counselor (PC004022), Pennsylvania, 2005
- Certified Domestic Violence Counselor, 1999
- Pennsylvania Client Placement Criteria (PCPC) Certified, 1999
- Pennsylvania Instructional II - Early Childhood, 1999
- Pennsylvania Instructional I - Early Childhood, 1993

RESEARCH INTERESTS AND FOCI

- Sexual assault on college campuses
- Bystander intervention
- Anti-racist counseling
- Using mindfulness in the treatment of eating disorders
- College counseling centers

HONORS AND AWARDS

2022

Cotterill Leadership Enhancement Award

The College of Education at Pennsylvania State University. Recognizes and rewards exemplary leadership in the college.

2015

Pi Lambda Theta

The College of Education at Pennsylvania State University Honor Society

GRANTS AND CONTRACTS

- 2023 **Potter County and the Edwin L. Herr Clinic**
\$52,820. Partnership with rural school districts in Potter County, PA to provide mental health services via telehealth to 7-12 grade students.
- 2020 **State College Area School District and the Edwin L. Herr Clinic**
\$23,029. Partnership with the local school district to provide mental health services to K-12 students.

PROFESSIONAL AFFILIATIONS AND SERVICES

Professional Organization Member

- American Counseling Association (ACA)

Professional Service

- Racial Trauma Taskforce, Founding Member, Co-chair (2021-Present)
- Centre Safe, Board Member (2020-2022)
- Survivors & Allies United, Founding Member (2018-Present)
- Sexual Assault Victims Task Force, Member (2018-Present)
- Project Semicolon, Board Member & Secretary (2015-2016)
- Penn State HEALS (Healthy Eating And Living Support), Founder and former member (2011-2013)
- University Health Services Sexual Assault Victims Task Force, Member, Pennsylvania State University (2011-2013)
- Coalition to Address Relationship and Sexual Violence Task Force (CARSV), Member, Pennsylvania State University (2010-2013)
- Centre County Domestic and Sexual Violence Task Force, Member (2010-2013)
- The Bucks County Women's Fund, Board Member & Secretary (2005-2006)
- The MCP Hospital Domestic Violence Taskforce, Chairperson (2000-2002)
- The Philadelphia Hospital Domestic Violence Taskforce, Chairperson (2000-2002)

MEDIA

TELEVISION APPEARANCES

2022, May 2. *Redefining "Beach Body,"* Your Health Matters:
<https://www.abc23.com/newspost/redefining-beach-body/>

2022, April 5. *Online Harassment,* Your Health Matters:
<https://www.abc23.com/newspost/online-harassment/>

2022, March 7. *Warning Signs That You May Be Drinking Too Much*, Your Health Matters: <https://www.abc23.com/newspost/warning-signs-that-you-may-be-drinking-too-much/>

2022, February 7. *“365 Love” Self-Care Challenge*, Your Health Matters: <https://www.abc23.com/newspost/365-love-self-care-challenge/>

2022, January 3. *Breaking Free of Toxic Relationships*, Your Health Matters: <https://www.abc23.com/newspost/breaking-free-of-toxic-relationships/>

2021, December 6. *Burnout*, Your Health Matters: <https://www.abc23.com/newspost/burnout/>

2021, November 1. *Body Image*, Your Health Matters: <https://www.fox8tv.com/newspost/body-image/>

2021, October 4. *Sexual Consent*, Your Health Matters: <https://www.abc23.com/newspost/sexual-consent/>

2021, September 6. *The Grief Process*, Your Health Matters: <https://www.abc23.com/newspost/the-grief-process/>

2021, May 3. *Being an Ally to Marginalized Populations*, Your Health Matters: <https://www.abc23.com/newspost/being-an-ally-to-marginalized-populations/>

2021, April 5. *Mental Health of College Students*, Your Health Matters: <https://www.abc23.com/newspost/mental-health-of-college-students/>

2021, March 1. *Teen Suicide*, Your Health Matters: <https://www.abc23.com/newspost/teen-suicide/>

2021, January 4. *Starting Anew in the New Year*, Your Health Matters: <https://www.abc23.com/newspost/starting-anew-in-the-new-year/>

2020, December 7. *Navigating the Holidays During a Pandemic*, Your Health Matters: <https://www.abc23.com/newspost/navigating-the-holidays-during-a-pandemic/>

2020, November 2. *Child Abuse & Domestic Violence During the COVID-19 Pandemic*, Your Health Matters: <https://www.fox8tv.com/newspost/child-abuse-domestic-violence-during-the-covid-19-pandemic/>

2020, September 7. *Self-Care Tips During Stressful Times*, Your Health Matters: <https://www.fox8tv.com/newspost/self-care-tips-during-stressful-times/>

2020, August 3. *Mental Health Counseling During the COVID-19 Pandemic*, Your Health Matters: <https://www.abc23.com/newspost/mental-health-counseling-during-the-covid-19-pandemic/>

2020, August 3. *Meet Christy Beck from the Herr Clinic*, Your Health Matters:

<https://www.abc23.com/newspost/meet-christy-beck-from-the-herr-clinic/>

2018, April 2. *NEDA Walk 2018*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/neda-walk-2018/1094496234>

2018, March 12. *Talking to Kids About Sensitive Topics*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/talking-to-kids-about-sensitive-topics/1033894224>

2018, February 5. *National Eating Disorders Awareness Week*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/national-eating-disorders-awareness-week/952905296>

2018, January 8. *Positivity and the New Year*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/positivity-and-the-new-year/906852886>

2017, December 21. *Fighting the Holiday Blues*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/fighting-the-holiday-blues/885741417>

2017, November 21. *Managing Family Drama this Holiday Season*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/managing-family-drama-this-holiday-season/861676570>

2017, October 26. *October is Domestic Violence Awareness Month*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/october-is-domestic-violence-awareness-month/845169393>

2017, September 14. *Suicide Prevention Awareness Month*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/suicide-prevention-awareness-month/811244104>

2017, August 15. *Stress Management During the School Year*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/stress-management-during-the-school-year/789637940>

2017, July 12. *Stress Relief in Kids*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/stress-relief-in-kids/764059198>

2017, July 12. *Slime Making for Kids!* Central PA Live: <http://www.wearecentralpa.com/central-pa-live/slime-making-for-kids/764060587>

2017, June 12. *Men's Mental Health Month*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/mens-mental-health-month/738855046>

2017, May 4. *Mental Health Awareness Month: Mokita Trunk Show*, Central PA Live: <http://www.wearecentralpa.com/central-pa-live/mental-health-awareness-month-mokita-trunk-show/706711836>

2017, April 24. *National Child Abuse Prevention and Sexual Assault Awareness Month*, Central

PA Live:

<http://www.wearecentralpa.com/central-pa-live/national-child-abuse-prevention-and-sexual-assault-awareness-month/698302725>

2017, March 30. *NEDA Walk*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/neda-walk/683235681>

2017, February 20. *National Eating Disorders Week*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/beck-psychotherapy-national-eating-disorders-week/660400695>

2017, January 23. *New Year, New You! Yoga*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/beck-psychotherapy-new-year-new-you-yoga/644430676>

2016, December 20. *Insomnia*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/beck-psychotherapy-insomnia/623746949>

2016, November 30. *Understanding Panic Attacks*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/beck-psychotherapy-understanding-panic-attacks>

2016, October 5. *National Depression Screening Day 2016*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/national-depression-screening-day-2016>

2016, September 13. *National Suicide Prevention Month*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/national-suicide-prevention-month>

2016, August 16. *Healthy Coping Skills*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/beck-psychotherapy-healthy-coping-skills>

2016, July 12. *Social Drinking vs. Problem Drinking*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/social-drinking-vs-problem-drinking>

2016, June 16. *PTSD Awareness Month*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/ptsd-awareness-month>

2016, May 4. *Mental Health Awareness Month*, Central PA Live (video lost):

<http://www.wearecentralpa.com/central-pa-live/national-mental-health-awareness-month>

2016, April 18. *Sexual Assault Awareness Month*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/national-sexual-assault-awareness-month>

2016, April 4. *National Child Abuse Prevention Month*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/national-child-abuse-prevention-month>

2016, March 14. *Self-Harm Awareness Month*, Central PA Live:

<http://www.wearecentralpa.com/central-pa-live/self-harm-awareness-month>

2016, February 22. *National Eating Disorders Awareness Week*, Central PA Live:
http://www.wearecentralpa.com/central-pa-live/eating-disorders_

2016, January 18. *National Stalking Awareness Month*, Central PA Live:
<http://www.wearecentralpa.com/central-pa-live/national-stalking-awareness-month>

2015, December 22. *National Stress-Free Family Month*, Central PA Live:
<http://www.wearecentralpa.com/central-pa-live/national-stress-free-family-month>

2015, November 17. *Mental Health Awareness Week*, Central PA Live:
<http://www.wearecentralpa.com/central-pa-live/make-every-week-mental-health-awareness-week#.VIDQnIcOR6w.mailto>

2015, October 20. *Domestic Violence Awareness Month*, Central PA Live:
<http://www.wearecentralpa.com/central-pa-live/domestic-violence-awareness#.Vieg5ceopNg.email>

2015, September 29. *National Depression Screening Day*, Central PA Live:
<http://www.wearecentralpa.com/central-pa-live/national-depression-screening-day#.VgtLZ4arjV8.email>

RADIO APPEARANCES

2016, May 6. *Mental Health Awareness Month*, Interview with Jason Crane on 98.7 FM FREQ, State College, PA: <http://987thefreq.com/the-morning-mixtape-mental-health-month/>

PRINT MEDIA

2022, April 15. *College of Education faculty, staff, and students celebrated at awards ceremony*, Penn State News: https://www.psu.edu/news/education/story/college-education-faculty-staff-and-students-celebrated-awards-ceremony/?utm_audience=Combined&utm_source=newswire&utm_medium=email&utm_campaign=Education_Bridges&utm_content=04-20-2022-08-26&utm_term=Stories%20-%201

2021, April 29. *Clinic offers services to students dealing with racial trauma*, Penn State News: https://news.psu.edu/story/656711/2021/04/28/campus-life/clinic-offers-services-students-dealing-racial-trauma?utm_source=newswire&utm_medium=email&utm_term=656970_HTML&utm_content=04-28-2021-21-29&utm_campaign=Penn%20State%20Today

2020, April 21. *Our sleep is linked to how we process coronavirus dread*, Quartz: <https://qz.com/1840728/how-to-tackle-insomnia-and-nightmares-during-covid-19/>

2020, March 25. *So You Want Quarantine Bangs ...*, The Stranger: <https://www.thestranger.com/slog/2020/03/25/43244198/so-you-want-quarantine-bangs>

2019, January 10. *Professors weigh in on how students can make this semester a success*, The Daily Collegian: https://www.collegian.psu.edu/arts_and_entertainment/article_3f80c2ee-1471-11e9-a4c3-531f8ae665a3.html

2019, December 10-16. *Professors discuss value of study groups*, The Daily Collegian, Finals Edition, Fall 2018, Page 2.

2018, April 28. *Kendra Wilkinson Beams While Flaunting Short Brunette Divorce 'Do*, 10 Thousand Couple:

<http://10thousandcouples.com/2018/04/kendra-wilkinson-beams-while-flaunting-short-brunette/>

2018, April 27. *Kendra Wilkinson Goes Brunette After Split From Hank Baskett: Check Out Her Post-Divorce Makeover*, Inquisitr:

<https://www.inquisitr.com/4879779/kendra-wilkinson-goes-brunette-after-split-from-hank-baskett-check-out-her-post-divorce-makeover/>

2018, April 8. *State College's NEDA Walk raises over \$11K to increase awareness for eating disorders*, The Daily Collegian:

http://www.collegian.psu.edu/news/borough/article_a9263d4e-3b52-11e8-94d7-0f3330bc87ed.html

2018, March 28. *Why You Should Totally Do Something Drastic With Your Hair*, Junkee:

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